



## Christian Science Audio Products

Here's a list of the many different ways you can listen to Christian Science audio products. They include both products created specifically for audio, and audio recordings of a wide range of preexisting Christian Science literature, including *Science and Health*, and many periodical articles. NOTE: To locate audio options, look for  — a headphone icon often found near the title of an article or in the upper bar area.



**Daily Lift** — Get a spiritual “lift” each weekday with these 3- to 4-minute sharing commentaries. Daily Lift podcasts are short takes on inspiring ideas to enrich your day and share with friends.

[christianscience.com/christian-healing-today/daily-lift](https://christianscience.com/christian-healing-today/daily-lift)

## Sentinel Watch Podcast

**Sentinel Watch** — These 30- to 60-minute podcasts are informal interviews with practicing Christian Scientists who share insights and experiences about topics meaningful to them. Every Monday, these contributors tackle topics relevant to your daily life and to inspiring your prayers for the world. Hear from Christian Scientists from many countries and all walks of life, including *Journal*-listed Christian Science practitioners and teachers, who discuss Christian Science and its healing power and answer questions sent in by listeners.

[sentinel.christianscience.com/sentinel-audio/sentinel-watch](https://sentinel.christianscience.com/sentinel-audio/sentinel-watch)



**JSH-Online** — This website is the online source for all of the Christian Science periodicals and other publications. The search area is a complete database of every article or testimony published — and provides an easy way to look for inspiration. The site features the three main Christian Science magazines (*The Journal*, *Sentinel*, and *The Herald*), in addition to a growing list of biographies of Mary Baker Eddy. JSH-Online is subscription based, but *many* of the writings are available in a free audio format. These sample audio articles are usually featured at the top, or can be found by scrolling down to the topics area.

[jsh.christianscience.com](https://jsh.christianscience.com)



**Science and Health with Key to the Scriptures** — there are three ways to listen to *Science and Health*

1. **Continuous loop:** Anyone can click into this link to listen to a continuous loop of *Science and Health*.  
[christianscience.com/the-christian-science-pastor/science-and-health](http://christianscience.com/the-christian-science-pastor/science-and-health)
2. **On Audio CD:** The entire text of *Science and Health* can be purchase in a CD collection.  
[shop.christianscience.com/for-listening/science-and-health](http://shop.christianscience.com/for-listening/science-and-health)
3. **As an Audiobook download:** On the same webpage as the Audio CD, you also have the choice of downloading the entire text of *Science and Health* on to a computer or other device  
[shop.christianscience.com/for-listening/science-and-health](http://shop.christianscience.com/for-listening/science-and-health)



**Christian Science Quarterly**  
Bible Lessons

**Bible Lesson** — There are several ways to listen to the weekly Bible Lesson.

1. **Subscriptions:** An overview can be found at this link, where you can look at the subscription options — print, CD, and digital (podcast, read online, or download and print).  
[biblelesson.christianscience.com](http://biblelesson.christianscience.com)
2. **Limited-time free access:** You can also listen to, read online, or download the Lesson for free under a current limited offer.  
[quarterly.christianscience.com/lesson](http://quarterly.christianscience.com/lesson)
3. **A CD subscription:** You can purchase a one-year subscription to The Bible Lessons recorded on CD. Each section of the Lesson is a separate track, making it easy to start, stop, and pick up where you left off. Go downwards on this web page until to get to “CD Edition.”  
[jsh.christianscience.com/csps-subscriptions](http://jsh.christianscience.com/csps-subscriptions)



**MONITOR DAILY PODCAST**

**Monitor Daily Podcast** — A great tool for keeping up with world events and emerging ideas, this approximately 15-minut weekday podcast presents six to eight short summaries of the day’s top stories. Each piece is read by an editor or writer for *The Christian Science Monitor*, and contain not only facts about important world and local developments, but a succinct look at the key issues.

[csmmonitor.com/Daily](http://csmmonitor.com/Daily)



**The Christian Science Publishing Society Online Shop** — This online store, managed by the Christian Science Publishing Society, contains many audio products (both CDs and downloads). These offerings include *Science and Health*, other writings by Mary Bake Eddy, hymns and hymn accompaniments, anthologies of Classic articles, well-known pamphlets, biographies, many music CDs, and children's audiobooks.

[shop.christianscience.com/for-listening](http://shop.christianscience.com/for-listening)